



## Annette Oughton

Jin Shin Jyutsu is an effective and profound healing art that has added so much awareness to my life.

Being able to practice and share the art with others brings me much joy.

Jin Shin Jyutsu gives us the ability to maintain optimal health and wellbeing.

By Appointment only - call me to arrange your appointment.

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The New Zealand Association of Jin Shin Jyutsu inc.